

PRODUCT:

PRE FRIED FROZEN SWEET PLANTAIN SLICES 4 x 5lbs

INGREDIENTS:

Ripe plantain, vegetable palm oil (antioxidant TBHQ)

COOKING INSTRUCTIONS:

Deep Fryer: Preheat oil to 177°C (350°F). Place small amount of plantains infryer. Fry for 3 to 4 minutes or until golden brown. Drain and place on paper towel.

Conventional oven: Preheat oven to 177°C (350°F). Place a layer of frozen plantains on baking tray. Bake for 7 to 10 minutes or until golden brown.

Microwave oven: Place plantains on a microwave safe dish. Set microwave on high setting for 3 to 4 minutes and cook until plantains are hot. Microwave settings may vary and heating time may require adjustments.

NUTRITION FACTS

Nutrition Facts	
Datos de Nutrición	
16 servings per container / porciones por envase	
Serving Size :	4 piezas (140g)
Tamaño por ración:	4 piezas (140g)
Amount per Serving / Cantidad por Ración:	
Calories / Calorías	340
% Daily Values / Valor Diario	
Total Fat / Grasa Total 5.0g	6%
Saturated Fat/ Grasa Saturada 2.0g	10%
Trans Fat / Acidos Grasos Trans 0.0g	
Cholesterol / Colesterol 0mg	0%
Sodium / Sodio 0mg	0%
Total Carbohydrates / Carbohidratos Totales 70g	25%
Dietary Fiber / Fibra Dietética 3g	11%
Total Sugar / Azúcar Total 26g	
Includes 0g Added Sugars	
Incluye 0g de Azúcares Añadidos	0%
Protein / Proteína 2 g	
Vitamin D /Vitamina D 8mcg	40%
Calcium / Calcio 9mg	1%
Iron / Hierro 0.4mg	2%
Potassium / Potasio 540mg	11%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
*El % de Valor Diario (VD) indica cuánto contribuye un nutriente en una porción de alimento a la dieta diaria. Se utilizan 2,000 calorías al día como recomendación general de nutrición.	

SPECIFICATIONS

Shelf life	24 months
Storage temperature	Frozen at -18°C / -0°F
Storage conditions	Keep frozen

PACKAGING



PRODUCT



PACKAGING INFORMATION

Carton Box (Dimensions)	Length	Width	Height
	12.95"	11.97"	8.35"
Carton cube:	0.722 ft3 / 0.02 m3	PACK SIZE	
		Bags per box	4
		Weight per bag (lb)	5
		Weight per box (lb)	20
STOWAGE			
FLOOR LOADED		PALLETIZED	
Base (Ti)	7	Pallet base (Ti)	12
High (Hi)	10	Pallet high (Hi)	11
Total	70	Total boxes per pallet	132
Rows	38 + 40 cases	Total boxes per container	2640
Total boxes per container	2700		

MICROBIOLOGICAL & CHEMICAL INFORMATION

Microbiological	A. mesophiles	E. coli	Listeria M	F. coliforms	Salmonella Spp.	S. aureus
	1x10 ⁶ cfu/g	Absence/25g	Absence/25g	<10cfu/g	Absence/25g	1x10 ³ cfu/g
	Pesticides			Heavy metals		
Chemical	According to the limits of pesticides in food CODEX 32 ^o meeting			Arsenic, lead, cadmiun, mercury, copper, according to the limits of pollutants CODEX STAN 193-1995		